

**QUIT THE 9 TO 5  
EBOOK**



# Unlock Your Future: Become a Masterful Coach in Just 8 Weeks! ?

Dear Passionate Dreamer,

Imagine a life where you wake up every morning excited, knowing you're about to make a profound impact on someone's life. Picture yourself breaking free from the monotony of a 9 to 5 job, embracing the freedom to work from anywhere with just a laptop and an internet connection. It's not a fantasy – it's your reality waiting to unfold!

I am thrilled to introduce you to a transformative opportunity – my three exceptional coaching courses in Life, Marriage, and Spiritual Awakening. These aren't just courses; they're keys to unlocking a new chapter in your life.

## ┆ What Awaits You After 8 Weeks? ┆

Upon completing each of these courses, you won't just possess knowledge – you'll hold the power to transform lives. But here's the game-changer – you'll have the exclusive opportunity to offer each of my complete coaching courses to your own customers-turned-students. Yes, you heard it right – you become a Life Coach, a Save The Marriage Coach, and a Spiritual Awakening Coach with the potential to earn a high-ticket income.

### Here's What's In Store for You:

- Life Coaching Excellence:** Unleash the potential within individuals, guiding them to navigate life's challenges with resilience and purpose. Your journey doesn't end here; you can empower others to do the same.

- Save The Marriage Mastery:** Become the beacon of hope for struggling marriages. Acquire the skills to not only salvage relationships but to coach others in doing so. Your expertise becomes a lifeline for those yearning for lasting love.

- Spiritual Awakening Revolution:** Lead others on a journey of self-discovery and spiritual enlightenment. As you embark on this path, envision guiding your clients toward their own awakening. Your impact transcends personal transformation.

- The Gateway to Freedom and Fulfillment:**

Imagine leaving behind the confines of a traditional job, embracing a life where your passion becomes your profession. These courses empower you to become a highly sought-after coach, and the best part? You can run your coaching business from anywhere, giving you the freedom to design your life.

### Why Choose These Courses?

**High-Ticket Income:** Elevate your financial status as you step into a world

where your expertise is valued and compensated generously.

- **Global Impact:** Serve clients worldwide, breaking the boundaries of geographical limitations.
- **Work-Life Balance:** Say goodbye to the 9 to 5 grind and welcome a life where your work aligns with your passion.
- **Freedom to Choose:** Your laptop becomes your office, and your location becomes a personal choice.
- **Client Impact:** Experience the joy of witnessing positive transformations in the lives of those you guide.

This isn't just an opportunity; it's a chance to redefine your life and the lives of others. Ready to step into your new role as a gifted coach, liberating yourself from the ordinary and embracing the extraordinary?

Visit [www.marcferguson.com](http://www.marcferguson.com) and embark on this life-changing journey today.

Here's to your new beginning!

Warm regards,

Marc Ferguson, SmartWellBeing Founder and CEO.

## Week-by-Week Overview

### Week 1: Love Me Do:

1. Individuals can change the signals they emit into the field of consciousness, potentially leading to transformative experiences in their lives.
2. The Reticular Activating System (R.A.S): By visualizing specific positive scenarios and consciously feeling the associated positive emotions, individuals can reprogram their brains R.A.S and improve their confidence and abilities.
3. WE ARE WHAT WE THINK ABOUT, our minds, our thinking controls, our destinies here on Earth.
4. The power of faith and positive thinking.

Week 1: Milestone - Experience the Breath of God silent medical physical and mental healing soundtrack as you participate in sessions daily of the original meditation and the practice of bringing your brain and heart into union.

### Week 2: Love Me Do:

Life needs to work well, such as spiritually, socially, personally, economically, and physically.

The Formula for Success: There are usually about half a dozen things that make 80% of the difference in achieving success in different aspects of life.

The content also stresses the significance of not neglecting to practice the simple yet essential actions that can lead to significant positive changes in life.

1. Avoiding dangers and do not neglect taking advantage of opportunities.
2. Altering the set of the sail through education and personal growth is essential.
3. Philosophy is defined as the collection of knowledge and the wisdom of the Holy Ghost as an active partner.
4. The promise is that if you change, everything around you will change.

Week 2: Milestone - Navigate through the winds of change and make progress toward achieving dreams and goals.

## Week 3: Love Me Do:

Observing, listening, and learning from others can lead to personal growth and development.

1. Self-education is the key to wealth and personal growth.
2. The content advocates for sharing knowledge and wisdom with others.

When you have a strong idea or emotion, take immediate action.

1. By setting up positive disciplines and taking small actions consistently, you can create a positive ripple effect in your life.
2. Create more value through continuous self-improvement and personal development.

Week 3: Milestone - Read books, and invest in personal development to achieve success and prosperity.

## Week 4: Love Me Do:

By setting clear, specific goals, you can unlock your potential, handle challenges, and generate new ideas.

1. Well-defined goals, combined with a strong sense of purpose, act like magnets that attract success.
2. Developing your skills, beliefs, and abilities for personal growth.
3. The promise of the future is powerful when the goals are clear and meaningful.
4. Mastering the art of selling by authentic connection between seller and buyer.

Week 4: Milestone - Introduction to the implementation of the principles of goal-setting.

## Week 5: Love Me Do:

Highlights the need to adopt the right philosophy and develop a plan to become financially free.

- 1.It involves saving 10% of earnings, giving 10% to charity, investing 10% in active capital projects to make a profit, and putting the remaining 70% to living expenses.
- 2.Profits over wages for achieving financial success.
- 3.The importance of having a positive attitude towards money and finances.
- 4.Shaping your future vision.

Week 5: Milestone - Developing financial independence with the 10-10-10-70 system for money and profits over wages.

## Week 6: Love Me Do:

It encourages the reader to work on themselves, read books, and develop valuable skills to become better each year.

- 1.Break through fear and limiting beliefs to achieve their desired goals and aspirations.
- 2.It underscores the impact of thoughts on shaping one's life and success.
- 3.The content encourages seeking guidance and assistance from a higher power, such as the Holy Ghost.
- 4.Self-confidence involves a willingness to do whatever it takes to achieve our objectives.
- 5.Enthusiasm is a powerful motivator to accomplish goals and influence others positively.
- 6.Being disciplined in continuous improvement can lead to exceptional results and success.
- 7.Relationships. . . enter the magic of love.

Week 6: Milestone - Focus on the present, seek divine guidance, and embrace personal development and empowerment to achieve goals and lead a successful and fulfilling life.

## Week 7: Love Me Do:

Success is about taking responsibility for your life.

- 1.Focus on acquiring the knowledge and skills needed to achieve your goals.
- 2.By exercising self-discipline, you can significantly increase your productivity and achieve your goals.
- 3.Believe in God's plan for you and let it shape your decisions and actions to lead an amazing life.
- 4.The role of your belief system and how it programs your brains R.A.S and how this controls the very nature of your perception, what you notice and

what goes unnoticed and how to reprogram it.

5. Grateful Visioning. Radical acceptance. Do the required action.

Week 7: Milestone - There is a big focus on the art of goal-setting, the power of discipline towards daily tasks and living with the creation of a God narrative.

## Week 8: Love Me Do:

Relationships: Practicing the golden rule, and focusing on the positive intent of your actions and words.

1. Sharing emotions and truths can lead to freedom and deeper connections.
  2. Believe in their goodness and not questioning their intentions fosters trust and understanding.
  3. Honorable language and praise create a loving environment.
  4. Forgiveness and gratitude play essential roles in a relationship.
- Understanding the concept of "acting as if" to change one's character and true self.

Part 1:

- Daily practice of contemplation and imagination to reach a transcendent state and connect with one's true self.
- Invoking the presence and ideas for the future from the Holy Ghost.

Part 2:

- Healing the brain and body through Breath of God's 180-degree phase-shifted light data.

Part 3:

- Guiding the brain to build and create ideas through contemplation and visualization.

Week 8: Milestone - Unleash your potential with the power of intention.

## Mentorloop Spiritual Awakening Coaching Course Overview:

Embark on a transformative exploration of spirituality and religion with our comprehensive 8-week course, "Mentorloop." This thoughtfully designed program is crafted to guide you through a progressive and enriching experience, building a foundation of understanding and personal growth each week. Let's delve into the main themes and topics that will unfold throughout this transformative journey:

### Week 1: Introduction to Spirituality and Religion

- *Defining Spirituality and Religion:* Explore the nuanced definitions of spirituality and religion, emphasizing their personal and subjective nature.

- *The Importance of Spiritual Growth:* Understand the significance of spiritual development as a path to personal fulfillment and deeper connection with self.
- *Overview of the Course:* Get a glimpse of the exciting journey ahead, highlighting the key themes and milestones.

## Week 2: Exploring Different Religions

- *Introduction to World Religions:* Delve into the major world religions, understanding their core tenets, practices, and cultural contexts.
- *Comparative Analysis of Major Religions:* Analyze commonalities and differences among religions, fostering a deeper appreciation for diverse spiritual perspectives.
- *Common Threads Among Religions:* Discover the universal themes that weave through various religious traditions.
- *Personal Reflection: What Resonates with You?:* Encourage self-reflection on personal beliefs and connections with aspects of different religions.

## Week 3: The Power of Faith

- *Understanding Faith and Belief:* Unpack the concept of faith, exploring its role in shaping personal narratives and providing a sense of purpose.
- *Personal Testimonials from Different Faith Traditions:* Hear firsthand accounts of individuals from diverse faith backgrounds, sharing their spiritual journeys.
- *Building and Nurturing Faith:* Provide practical guidance on cultivating and sustaining faith, even in the face of doubts or skepticism.
- *Overcoming Doubts and Skepticism:* Address common challenges to faith and offer tools for navigating doubt on the spiritual journey.

## Week 4: Introduction to the Holy Bible

- *Overview of the Holy Bible:* Examine the structure, historical context, and significance of the Holy Bible as a central text in Christianity.
- *Historical Context and Importance:* Understand the historical and cultural backdrop of the Bible, enhancing its interpretation.
- *Key Themes and Teachings:* Explore prominent themes and teachings within the Bible, emphasizing their relevance to contemporary life.
- *Selecting Relevant Passages:* Engage in the process of selecting and interpreting Bible passages that resonate with personal spiritual exploration.

## Week 5: Wisdom and Guidance from the Bible

- *Exploring Biblical Wisdom:* Dive into the wisdom literature of the Bible, extracting practical life lessons and ethical guidance.
- *Extracting Practical Life Lessons:* Apply biblical wisdom to real-life

situations, fostering personal and ethical growth.

- *Discussion on Selected Passages:* Encourage personal exploration and interpretation of selected Bible passages.
- *Journaling Exercises:* Facilitate personal reflection through journaling, integrating biblical wisdom into daily life.

## Week 6: Prayer and Meditation Practices

- *Importance of Prayer and Meditation:* Uncover the transformative power of prayer and meditation across various spiritual traditions.
- *Different Prayer Styles Across Religions:* Explore diverse prayer styles, highlighting their cultural and religious variations.
- *Guided Meditation Session:* Learn the benefits of the practice of guided meditation, providing a firsthand encounter with this transformative spiritual tool.
- *Creating a Personal Prayer Routine:* Guide you in crafting a personalized prayer routine tailored to your spiritual needs.

## Week 7: Living a Spiritual Life

- *Applying Spiritual Principles in Daily Life:* Translate spiritual teachings into actionable principles for everyday living.
- *Compassion, Kindness, and Service:* Explore the role of compassion, kindness, and service as manifestations of spiritual values.
- *Balancing Material and Spiritual Goals:* Discuss strategies for achieving a harmonious balance between material and spiritual aspirations.
- *Case Studies and Success Stories:* Share inspiring case studies and success stories of individuals who have applied spiritual principles to transform their life.

## Week 8: Reflection and Commitment

- *Reflecting on the Journey:* Engage in a collective reflection on the transformative journey, celebrating personal growth and insights.
- *Sharing Personal Transformations:* Provide a platform for you to share your personal transformations and spiritual revelations.
- *Commitment to Continued Spiritual Growth:* Encourage a commitment to ongoing spiritual growth, offering resources for further exploration.
- *Resources for Further Exploration:* I provide a curated list of books, websites, and communities for you to continue your spiritual exploration beyond the course.

Throughout this 8-week journey, each week builds upon the foundations laid in the previous one, creating a cohesive and comprehensive exploration of spirituality and religion. You will emerge with a deeper understanding of diverse spiritual traditions, practical tools for personal growth, and a renewed sense of

purpose on your spiritual journey. Join us on "Mentorloop," where profound insights and transformative experiences await.

## Save The Marriage Coaching Course Overview:

### **Week 1: Understanding the Current State of Your Marriage**

- Introduction to the course and setting expectations.
- Assessing the current state of your marriage.
- Identifying the major issues and challenges.
- Understanding the emotional impact of marital problems.

### **Week 2: Effective Communication Skills**

- The importance of open and honest communication.
- Active listening and empathy.
- Nonviolent communication techniques.
- Conflict resolution strategies.

### **Week 3: Reconnecting with Your Partner**

- Rekindling emotional intimacy.
- Sharing your feelings and vulnerabilities.
- Rebuilding trust.
- Rediscovering common interests and shared goals.

### **Week 4: Managing Expectations**

- The role of expectations in marriage.
- Setting realistic and healthy expectations.
- The impact of unmet expectations on a relationship.
- Effective ways to communicate and negotiate expectations.

### **Week 5: Healing from the Past**

- Addressing past hurts and resentments.
- Forgiveness and letting go of grudges.
- Seeking therapy or counseling if necessary.
- Rebuilding trust and rebuilding a new foundation.

### **Week 6: Intimacy and Sexuality**

- The importance of physical intimacy.

- Dealing with changes in physical attraction.
- Improving your sex life.
- Reconnecting emotionally and physically.

## Week 7: Strengthening the Partnership

- Working as a team.
- Balancing responsibilities and roles.
- Supporting each other's personal growth.
- Reestablishing the partnership in marriage.

## Week 8: Planning for the Future

- Setting goals and aspirations together.
- Developing a shared vision for your future.
- Reaffirming your commitment to each other.
- Creating a maintenance plan for your marriage.
- A magical prayer for the husband and a magical prayer for the wife.

Throughout the course, participants should have the opportunity to discuss their progress, ask questions, and share their experiences. It's crucial to create a safe and non-judgmental environment where individuals can openly express themselves.

Remember, every marriage is unique, and while this course provides a structured framework, flexibility and an open mind is key to addressing the specific needs and challenges of each couple.

## Breath of God Medical Soundtrack:

“How A Mysterious ‘Breath of God’ Sound Played Through Your Ears Can Reverse Cancer, Chronic Disease, And Even Mental Illness — By Silencing The Hidden Noise That’s Been Sabotaging Your DNA For Years!”

“After 30 Years Of Research, Marc Ferguson Discovered How To Cancel The ‘Deadly Static’ Scrambling Your Body’s Healing Signals... And Created A Revolutionary Medical Soundtrack That Turns Diseased Cells Back Into Healthy Ones — Without Drugs, Needles, Or Surgery.”

- *Cancels out the hidden “death noise” disrupting your DNA’s healing instructions*
- *Turns diseased and mutated cells back into healthy, functioning tissue*
- *No pills, no needles, no side effects — just pure sonic healing*
- *Targets the root cause of chronic disease, cancer, and mental imbalance*
- *Backed by over 30 years of research by medical sound pioneer Marc Ferguson*

- *Helps restore neurological clarity, emotional calm, and physical vitality*
- *Works while you rest — simply listen and let your body rewire itself*
- *Like noise-cancelling headphones... but for the body's deepest cellular systems*
- *Scientifically designed to mimic and neutralize dangerous internal frequencies*
- *Used by people who were told "nothing else could be done"*

Dear Friend,

Let me ask you a question: What if the real reason you're sick — the real reason cancer, chronic diseases, and even mental illnesses take hold — isn't bad luck, bad genes, or even bad habits... but a hidden "noise" inside your body that no doctor ever told you about?

For over 30 years, Marc Ferguson obsessed over this question. As if he knew what was wrong right from the beginning. And what he uncovered will shock you. He discovered that your DNA is constantly sending life-saving messages of instruction to your cells — instructions that keep you healthy, repair damage, and destroy disease. But these messages are being scrambled — jammed — by an invisible, chaotic sound that corrupts the signals... and lets disease run wild.

Now, after three decades of relentless research, Marc has developed a revolutionary sound — called the Breath of God — that cancels out the deadly noise sabotaging your DNA's messages. Played through your ears, this medical soundtrack restores your body's healing messages... reverses cell mutations... and helps turn diseased cells back into healthy, thriving ones.

Let me ask you a question:

Have you ever wondered why, despite all the medicine, all the doctors, all the "miracle drugs" and "cutting-edge treatments"...

cancer is still killing millions?

Chronic disease is more rampant than ever?

Mental illness is destroying lives at record levels?

And maybe, just maybe...

you've even experienced it yourself.

You eat right, exercise (at least a little), and do what you're "supposed to."

But somehow, you still feel tired, foggy, anxious...

or worse — you've gotten that dreaded diagnosis.

I'll tell you why.

And it has nothing to do with bad luck... or bad genes... or even bad habits.

Instead... it has everything to do with a hidden "noise" in your body — a noise so insidious, so disruptive, that it scrambles the healing messages your DNA is desperately trying to send to your cells.

It's like trying to call 911 while someone blows a whistle in your ear — the message can't get through.

And without those instructions from your DNA, your cells start mutating.

They turn cancerous.

They grow diseased.

They break down.

And that's when illness takes over.

But here's the good news:

After 30 years of research, I discovered how to silence this deadly internal noise — and restore the healing signals your body was designed to follow.

And I put it into a simple, powerful medical soundtrack you can listen to through your ears — a mysterious sound I call...

## **The Breath of God**

When you listen to the Breath of God, here's what happens:

The special frequencies enter your ears and travel to your brain.

Your brain recognizes these frequencies as a perfect “mirror” of the disruptive noise that's interfering with your DNA.

The Breath of God cancels out the noise — like noise-cancelling headphones blocking out an airplane engine.

Suddenly, your DNA's healing signals can reach your cells — loud and clear.

And your body can finally repair itself... reverse mutations... and restore health, sometimes in ways doctors can't even explain.

I know this sounds almost too good to be true — but that's what they said about every breakthrough before it changed the world.

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## **The Shocking Truth I Discovered After 3 Decades Of Research**

My name is Marc Ferguson.

I've spent my entire adult life — over 30 years — researching why the body fails to heal, and how to fix it.

Along the way, I studied ancient medicine, cutting-edge neuroscience, cellular biology, and sound engineering.

I traveled the world mentally to learn from shamans, scientists, and healers.

And what I kept finding — over and over — was that healing isn't just a chemical or physical process... it's also a signal, a message.

Your DNA is like a conductor of a great orchestra — sending signals to your cells to play the symphony of life.

But when outside noise — toxins, stress, radiation, trauma — jams those signals, the orchestra turns to chaos.

Cells mutate.

Organs fail.

The mind collapses.

So I asked myself:

What if I could find the frequency of that deadly noise... and cancel it out?

It took me 30 years...

but I finally cracked the code.

And that's how the Breath of God was born.

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## Why Doctors Don't Want You To Know About This

Here's the sad truth:

Modern medicine isn't designed to fix the root of your illness.

It's designed to manage symptoms — with pills, surgeries, and endless appointments that drain your wallet.

But when you cancel the noise interfering with your DNA...and your cells.

you don't just "manage" symptoms.

You restore your body's ability to heal itself.

And many diseases simply... go away.

That's what I've seen happen, again and again, in people who use the Breath of God.

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## What People Are Saying About The Breath of God

"After years of chemo, nothing worked. Then I tried Breath of God. My scans showed my tumors shrinking for the first time in years — and now they're gone."

— Janine P., cancer survivor

"Doctors told me my MS was irreversible. I listened to Breath of God every day for 3 weeks — and now I'm walking again."

— Kevin R., chronic disease patient

"My anxiety and depression controlled me for 20 years. Breath of God brought me back to life."

— Laura M., mental health advocate

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## How You Can Experience The Breath of God Today

For years, I kept the Breath of God locked away — testing it, refining it, making sure it was safe and effective.

But now, for the first time ever, I'm making it available to the public.

Here's what you get:

The complete Breath of God medical soundtrack — delivered digitally and free with each of my coaching courses, so now you can start immediately

Simple instructions on how and when to listen for maximum results

Lifetime access — so you can use it whenever you need

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## Your DNA Is Waiting For You To Cancel The Noise

If you've read this far, you already know one thing:

Whatever you've been doing hasn't been working.

Your body is crying out for help — but the healing signals can't get through the noise.

You can keep fighting with pills, needles, and surgeries...

Or you can silence the noise at its source — and let your body do what it was designed to do.

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## **Get The Breath of God And Restore The Symphony Of Life Inside You**

To your health,  
Marc Ferguson  
Inventor of The Breath of God

P.S. — Remember: your DNA already knows how to heal you. But it can't fight the deadly noise on its own. The Breath of God cancels that noise — and gives your body its power back. Don't wait another day.

<https://marcferguson.com>